



WAKENING

— PERSONAL DEVELOPMENT & LEADERSHIP COACHING —

Corporate Seminar – The Mindset for Success

Duration: 3 Hours

Practical activities and techniques will be included in this entertaining experience and change the way you perceive the world and your circumstances. More life, more love, more happiness and more freedom are just one thought away.

You can look forward to the following powerful discussion points in this seminar:

What is the Mind and How Does It Work?

You can use your mind to achieve success by accessing the power of your mind.

The Law of Attraction in Action

Thoughts create our reality. You can change your life by changing your thoughts, and by transforming negative thoughts, feelings and beliefs into positive ideas. You will then change the way you see the world.

Practical Tools and Exercises

You will be taught visualisation techniques, and how to use affirmations to eliminate any negative thoughts.